

# MAN IN EMOTIONAL SPACE

FAMILY SERVICE BUREAU OF NEWARK

## **EARTH & ITS ATMOSPHERE**

Each year, the earth revolves 584,000,000 miles around the sun at the rate of 66,700 miles an hour, or 1,600,000 miles a day. At the same time the earth rotates on its axis at more than 100 miles an hour. The earth's revolution around the sun establishes our year. The earth's rotation on its axis establishes our day. The 23½° inclination of the earth's axis and its journey around the sun causes the change of seasons and varying length of night and day. The earth requires 365 days, 5 hours, 48 minutes, 46 seconds to complete one revolution around the sun, and 23 hours and 56 minutes to complete one rotation on its axis.

## **MAN & HIS PROBLEMS**

Each year, from the beginning of time, man has been beset with problems. Some he has been able to solve himself. With others he has needed help. Then too, there were some he failed to solve because from earliest times and even today, that help essential for their solution was not at hand. He was, in this instance, like a satellite thrust into emotional space by his own motivation to solve his problem, but was without that tremendous drive necessary to reach his objective in one push. He needed out there in emotional space for success, a space station on which to rest, review, analyze, search and ascertain what were the problems he must squarely face.

Today, with the help of the space platform of Family Services, he can review his entire situation. He can now receive that assistance most important in guiding him back to earth's gravitational pull of recognition and solution of his problems, because of his ability to use the space platform of Family Service Bureau operated by competent Human Scientists — Social Workers.

## MERCURY

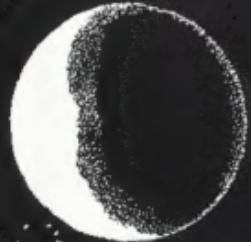
Wing-footed—fast—in mythology the God of Messengers—36,000,000 miles from the sun. However, faster than even Mercury are innuendos, gossip, half-truths to which people fall victims, propelling them into the vastness of uncertainty and fear. Result—distrust, suspicion, chaos, for those who have been attacked and failed to seek competent professional help. For they need to look at their situation from the space station of Family Service if they are to reach earth's gravitational pull of understanding.

In this category Family Service Bureau has been able to service 195 families with 435 children during 1958 whose marriages were almost destroyed by suspicions, fear, half-truths together with their own feelings of insecurity in relation to each other. After reaching our space platform many have gone onward after reviewing their situation and successfully righted themselves. Others are still waiting, reconnoitering and re-reviewing before returning to a more profitable emotional life.



Of the 195 families who have been seen by Family Service Bureau in 1958 for help in this area, 103 have terminated with us and have gone on their way successful. 92 families are still with the Bureau in treatment and it is hoped that in the near future they, too, will find themselves ready to return to the tranquility of earth's surface, having solved their true problems and ready to go forward with their feet placed solidly again on the ground.





## VENUS

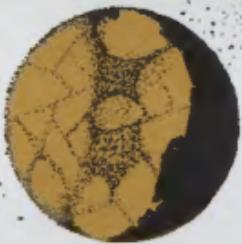
In mythology the Goddess of Beauty and Love—the most brilliant planet—67,250,000 miles from the sun. From this planet—this plateau of affection, love and beauty—came many disturbed people who because of love were upset and some frighteningly so. Some because of possessiveness in this area were injuring others. A great many married couples failed to understand it, others were just afraid of it, while still others were almost destroyed by it. However, in all cases they failed to recognize that in order to know this planet, love connotes respect for the individual and a recognition of the rights of others.

Because of problems in this area 435 families and individuals landed at our space station. As they objectively looked at their problems and ascertained the reason for their upheaval, many recognized that before they could win this battle they had to compute exactly what they had to do in the future if they were to gain success in this area. Some found that possessive love of a child, wife, mother, father, destroys. Others found too little love neglects and emotional upheaval occurs. All had to take a good look at this with the help of our Social Workers and when they did they began to solve their problems.



During the year 325 families and individuals have finished treatment. 110 are still being seen weekly. As each one of these people gained a true picture of themselves they began to chart their course to earth's gravitational pull to clarity and knowledge. They recognized that what one person thinks is good for another, may not be so unless both think the same way, and finally, in this area, to further recognize it is a partnership dealing in understanding and the rights of others.





## MARS

In mythology the God of War—141,700,000 miles from the sun. Yet as far away as Mars is it seems that many marriages have already reached this planet for, without exception, those who have sought our services for help with their crumbling marriage, complain frequently of constant fighting. In many there is no longer peace or understanding but rather tension, bickering, nervousness and repeated fighting. Even on the smallest atoms of conversation no longer were these warring couples able to transmit their true thoughts and feelings to each other. Until they sought insight into their problem they had been floating aimlessly into emotional space.

During the past year 303 married couples sought help because their relationship with each other was at its lowest ebb. Everything they did seemed to eventually hurt their marriage partner. Their relationship was headed for sure destruction. Conversationally clawing at each other only impeded their thinking as to how they should proceed to solve their problem. However, in a moment of reflection of what they had to do in order to save themselves from failure, they set their compass to hit the space station of Family Service Bureau and made it.



Of these couples 245 have already entered the earth's atmosphere of reflection and understanding of each other's problems. They have terminated with us and are with the help they received from our staff able to complete their course toward their true objective, which is to live in a more harmonious relationship with each other. 58 couples are still riding the crest of turbulence and while still under treatment for their specific problem, have not rested sufficiently to see clearly their way to earth's pull to forgive and insight into each other's problems. However, there is confidence that they too will find their solution with the help of our staff social worker.





## JUPITER

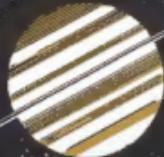
Largest of the planets—484,000,000 miles from the sun—in mythology the Thunder God—its weapon the Thunder Bolt. Many times during the past year clashes and thunderous warring between individuals have brought them to the brink of their own social, environmental and emotional destruction. Parent-child, child-parent relations have many times crushed thunderously in misunderstanding in their relations with one another. In these situations the space platform of Family Services has provided a stop-over to recuperate from their experiences before traveling to within earth's gravitational pull to sensibility and understanding.

Family Service Bureau the past year has treated 275 families with 573 children who have had personal clashes with their children and in turn the children with their parents. Our Bureau after thoughtful study and research has found that children 14 years and younger with emotional problems can only be treated through their parents. For the most part children in this age grouping are disturbed by environment. After helping parents to see their true problem in relation to their children much of the emotional upheaval in this age grouping is decreased and eliminated. As the parent begins to see the problem, pressures begin to lessen and as the pressures are lessened, the child, who in so many cases is subjected to them, becomes less disturbed.



During the past year 203 families with 385 children have terminated successfully and have at this time gone on their way. Prior to deciding to discontinue tremendous strides had been made by them in regenerating a strong relationship with themselves and their children. 172 families with 288 children are still being seen for they still have some complications in understanding their true feelings as it relates to them in this close relationship. At this moment they are still outside earth's gravitational pull of full understanding and definite action on their part for the proper solution of their problems.





## SATURN

887,000,000 miles from the sun—God of Agriculture. There were those who came to us this past year with personal problems within themselves. They were single, married, young and advanced in years. However, all had one thing in common in that the seeds of misunderstanding were cultivated in them by forces outside of themselves, by people younger and older than themselves, by environment and the home. This caused them various mixed up feelings about themselves resulting in their failure to look at life in the way they should. Many were fearful—fearful of what lay ahead—others only dwelt on what had happened in the past, and still others were uncertain even of the present.

Of the 85 individuals 65 have completed treatment with us and are now more satisfactorily adjusted to their problems. They are functioning exceptionally well within their own sphere of activity. They have been able through our help to plot their course to earth's confines going through emotional space with the determination that they now clearly know their problem and are able to go on their way without further professional help. 20 still remain and will eventually right themselves because each day and each consultation brings them closer to a true understanding of themselves.



In this category 85 individuals came to Family Service for help with personal problems. In the majority of cases these problems affected nobody but themselves. However, its effect on them was like a cyclonic wave of turbulent emotion, so strong that if they had not come upon Family Service Bureau they could have been lost in the darkness of a vicious cross-current of despair. Because they did, many pierced the eye of their cyclone and found that calmness through insight they were so long seeking but never found.





## URANUS

The second most remote planet—1,787,000,000 miles from the sun. As remote as it is, symbolically it represents the shadow of In-laws which in turn represent control, possessiveness, dissatisfaction and emotional upheaval. Some cannot understand them, others tolerate them, and still others ignore them. In all these cases married children involved have adjustments to make in relation to their partner's parents, but before a satisfactory and tolerable adjustment occurs, tremendous insight must be gained by those involved if this problem is to be solved to the satisfaction of all.

To our space platform of services came 103 families complaining about their In-laws. However, this surface problem was not indicative in many cases of their true feelings. Exploration discovered many other problems that had been buried for years were responsible for their present animosity. In searching a reason for their emotional upheaval, reflection uncovered many things that were partially or totally responsible for their present reaction to what they called—an untenable situation. Many times it was their own failure to recognize each other's part in the total fulfillment of their spouse's personality. To destroy one part of it was to cripple the total whole. To make adjustments to preserve this was to save the image and the true picture.



78 families have recognized the part that they played in each other's unhappy episode that threatened to shatter them as they emotionally revolved aimlessly, directionlessly in the orbit of their own resentment, never recognizing that serious reflection could have helped them to make the necessary adjustment in their move toward earth's pull to better understanding of their own emotions. Once they began using the competent help of our Human Scientists—Social Workers—their re-entry into earth's atmosphere of understanding was assured. 25 families are still reviewing their problems and are computing what is necessary for re-entry into a successful relationship that will solidify and not destroy that which is good.





## NEPTUNE

In mythology the God of the Sea—2,797,000,000 miles from the sun. Many clients came to us confused and all at sea not knowing what had happened to them. Yet, nevertheless, were most chagrined that they could not handle it alone. Some were completely lost because a member of their family had had a nervous breakdown and which they thought a reflection on their family's stability. Others because a catastrophe had entered their lives in the form of a social behavior on the part of someone close to them. Still others because a situation had occurred within their family that was anathema to the society in which they lived. However, in all cases their confusion was a result of their own lack of clear understanding in recognizing that problems must be faced and solved. They were so confused and upset that they were in an orbit of despair with no destination, and lost, until they came to Family Service Bureau for help.

In this category 95 families and individuals were helped to see their problems. Some, through counseling have reached the shores of understanding. Others are on their way in, but still there are others who haven't begun to make the turn for the successful journey home. However, there is every reason to believe that they will.



76 families and individuals have completed the study of their problems with the help of Family Service Bureau and have negotiated their entrance into a sphere of thoughtful perception of what course of action is necessary to safely travel toward a more objective life in relation to their personal problems. As they see it more clearly they have become more realistic and mature.





## PLUTO

The smallest planet—way out in space—3,675,000,000 miles from Sun—So far out is it that it could be termed the Planet of Complacency. Many have been upset by it, some have failed because of it, and others have become ill in fear of it. Complacency is insidious for it creeps upon you almost unknowingly until suddenly everything is stereotyped. Boredom sets in and emotional upheaval begins. In order to come back from the pull of complacency, objectively they must clearly focus on what they want from life. Interest must be injected again into everyday life or there will be no clearcut journey back.

Many of the families and individuals who used our services in the past year troubles began with complacency, that ended up with much more serious problems which finally propelled them to seek our space platform of services. As they righted themselves they had to retrace their steps to the point where complacency set in, to ascertain how violently it reacted on them. Many were surprised that their present problem came from this small beginning.



In working with these families and individuals our Human Scientists—Social Workers—are cognizant that this element may be the one which is indirectly responsible for blowups in personal relationships. No true course of understanding of personal relationships can be clearly understood until the total picture is seen. Many in returning to the source of their trouble and looking at it from all angles, usually find that sometimes an infinitesimal thing started them on their road to emotional dissatisfaction. However, with the help and understanding and insight of our social workers, enlightenment is gained without which not much can be accomplished.



## LOG OF STATISTICS FOR 1958

|                                                        |                                                                    |
|--------------------------------------------------------|--------------------------------------------------------------------|
| 1003 — families under care                             | 3.7% — pre-marriage consultation                                   |
| 4728 — individuals involved                            | 51 % — marital problems                                            |
| 6103 — hours spent in direct treatment<br>with clients | 25 % — guidance in parent-child relationship                       |
| 102 — hours of psychiatric consultation                | 3.3% — guidance to families handling problems<br>of mental illness |

- 6 % — counselling the older citizens
- 8 % — counselling individuals regarding  
personal adjustment
- 3 % — service to parent who is widowed,  
separated or divorced

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